

Arroz con leche

Ingredients:

1/2 cup uncooked white rice

1 1/2 cups water

1 lemon rind

1 cinnamon stick

1 quart milk

1/4 teaspoon salt

1 teaspoon vanilla

1 cup white sugar

Cinnamon, ground

Cook the rice with water, lemon rind, and cinnamon stick in a covered pan until soft—about 20 minutes. Add milk, salt, and sugar. Cook over medium heat, stirring occasionally until thick, about one hour.

Sprinkle with cinnamon and serve.